#### VEGAN FOOD GRILL: Mon-Fri 8:00am-6:30pm; Sat 10-7:30pm; Sun 10:30am-3:30pm:

Juice Sparklers \$5.50- Pineapple, Orange or Cucumber, Lime with Italian Sparkling Water

Tomato & Carrot Bisque \$8.25 Chickpe

Chickpea Chowder **\*** \$8.25

Spinach Salad:Spinach, tomato, cucumber, red onion, sprouts and balsamic vinaigrette\$4.75 - 8 oz\$6.00 - 16 oz

Tortilla Wedges & Hummus\*\*- \$4.75 Veggies & Hummus - \$4.75

Basil Pesto Panini - \$9.50

**Basil Pesto, Cucumber, Tomato, Onion, Vegan Cheese, Spices between Whole Grain Slices\*★** *w/ Juice Sparkler (+\$4.25) w/ Veggies or Wedges & Hummus (+\$4.50) w/ 12 oz Cup of Soup (+7.75)* 

## Vegan Grilled Cheese & Tomato Sandwich - \$7.75

#### Cheese and tomato melted between Whole Grain Slices\*

w/Juice Sparkler (+\$4.25) w/ Veggies or Wedges & Hummus (+\$4.50) w/12 oz Soup (+\$7.75)

Avocado Toast - \$5.25

### Basil pesto, avocado slices and sprouts on a Whole Grain Slice\* **★**

w/ Juice Sparkler (+\$4.25) w/ Veggies or Wedges & Hummus (+\$4.50) w/12 oz Soup (+\$7.75)

Specials- Ask about our Black Bean Cheese Burgers, Cheesy Flatbread\* & Portabella Gyro\*!

\*

## **DETOX PACKAGES**

<u>Master Cleanse</u> **\$35** – 1/2 Gal Rise n' Shine Recipe (Eight 8 oz glasses or four 16 oz glasses) Good for System Flush, Reset, Toxin Elimination, Weight Loss (Result varies by length of time)

**<u>2 Day Water Cleanse</u> \$32** – 2 Gal High Alkaline Water + Two 16 oz Kalicious Drinks

Good for increasing Mineral, Chlorophyll and Enzyme absorption and hydrating while performing System Flush, Reset, Toxin Elimination, Weight Loss (Result varies by length of time)

# **Renewal Packages**

6 Juices A Day + General Cleansing Guidelines\*

1 Day Renewal Package \$69 3 Day Renewal Package \$196

5 Day Renewal Package \$320

7 Day Renewal Package \$440

## **Renewal Juices**

**Rise N' Shine**- Alkaline Water with lemon, cayenne pepper, raw maple syrup **Vanilla Nut Milk-** Cashew or Almond, vanilla, ceylon cinnamon, hint of maple syrup and alkaline water **Kalicious**- Kale, cucumber, apple, lemon, ginger

24 Karat- Carrot, apple, orange, lemon, ginger, turmeric

Root Juice- Beet, carrot, orange, lemon, ginger

Hydralicious- Alkaline water, cucumber, pineapple, spinach or kale